

# OKINAWA MARINE

FEBRUARY 12, 2010

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## ROK, Thai, U.S. forces storm beach



Marines with Battalion Landing Team 2nd Battalion, 7th Marine Regiment, 31st Marine Expeditionary Unit, III Marine Expeditionary Force, storm the beach after exiting an amphibious assault vehicle Feb. 3 during the practice for the Feb. 4 assault. The MEU is currently participating in exercise Cobra Gold 2010. The exercise is the latest in a continuing series of exercises design to promote regional peace and security. Photo by Staff Sgt. Leo A. Salinas

Lance Cpl. Jovane M. Holland

OKINAWA MARINE STAFF

HAT YAO, Thailand — More than 500 Marine and Naval forces from the Kingdom of Thailand, the Republic of South Korea and the United States stormed the beach here Feb. 4 for a mock amphibious assault as part of Exercise Cobra Gold 2010.

Cobra Gold is a regularly-scheduled joint and coalition multinational exercise hosted annually by the Kingdom of Thailand. This year marks the 29th iteration for the exercise, which consists of a global peacekeeping operations initiative exercise, command post exercise, humanitarian and civic action projects and field training exercises.

The purpose of the mock

SEE **GOLD** PG 5

## Symposium addresses challenges for women

Lance Cpl. Abigail M. Wharton

OKINAWA MARINE STAFF

CAMP FOSTER — More than 300 woman attended the 3rd Marine Logistics Group Woman's Symposium: "Foundations: Sex and Relationships" held in the Camp Foster Theater Jan. 26.

The day featured three main topics: unmarried pregnancies, sexual assault and positive mental health. Each section included classes and solutions to problems related to the topics presented.

"The speeches today have been very touching and informative," said Cpl. Hannah Malone, automotive organizational me-

chanic, Headquarters Company, Combat Logistics Regiment 37, 3rd MLG, III Marine Expeditionary Force. "I've been in some of these situations, and I think they gave good preventative information," she added.

The classes were topics not covered in most briefs given to Marines, said 1st Sgt. Walda Collins, first sergeant for Engineer Support Company, 9th Engineer Support Battalion, 3rd MLG. Collins was one of the planners for the symposium.

"I'm inspired to help young military women since I didn't have a mentor when I was younger," commented Collins.

SEE **WOMEN** PG 5

## Off duty rec precautions

Pfc. Anthony Ward Jr.

OKINAWA MARINE STAFF

CAMP FOSTER — Accidents will happen, but a few precautions during off duty recreation can prevent many, say safety experts at Camp Foster.

"There are a number of extra curricular activities Marines can do while aboard Okinawa," said Lawrence J. Jacobs, Marine Corps Bases Japan safety director.

Marines do a lot of physical activity during their down time, said Jacobs.

So, hydration is an important thing to remember when exercising, said Neil Roberts, Marine Corps Community Services' health promotion fitness director. People should also get plenty of rest before strenuous activity, he added.

Sprained ankles and wrists are injuries that can occur when playing sports, said Jacobs.

But wearing the proper protective equipment will help prevent these types of injuries, he said. For example, when playing basketball, don't wear running shoes because they do not have the proper ankle support for the rigors and lateral movements of basketball.

Getting away from the bases also allows Marines to relieve stress, Jacobs said.

"I live near Gate 2 Street next to Kadena Air Base, and that seems to be the hot spot for young service men and women with all the bars and clubs tailored to those individuals," said Jacobs.

When having a good time at off-base bars, ensure it's a safe environment, advised Shawn M. Curtis, MCBJ installation safety office deputy director.

Before leaving, people should designate a sober driver or utilize the taxi or Daiko services, he said.

SEE **SAFETY** PG 5

**IN THIS  
ISSUE**

### GLIMMERS OF JOY

Marines reunite girl with family after treating severe lacerations resulting from the recent earthquake in Haiti.

PG. 3



### REMOTE FLYING

Oki Flyers take to the sky via remote control airplanes for more than just fun.

PGS. 6-7



# Helping Haiti: every bit helps

**Lance Cpl. Sha'Ron D. Patterson**

By now, we all know about the catastrophic earthquake that occurred Jan. 12 in Haiti.

The 7.0 magnitude earthquake, which was followed by 32 aftershocks within nine hours, affected an estimated three million people.

**OPINION** Nearly 230,000 bodies have been found amongst the rubble of decimated buildings and more are still being recovered from the debris.

The earthquake caused major damage to countless residences and landmark buildings were destroyed. The Presidential Palace, the Port-au-Prince Cathedral and the United Nations Stabilization Mission building are some of the significant buildings destroyed.

Even now, several weeks after the earthquake, many people are still left without the basic necessities of life: food, water and shelter. Phones are still down, and the power is still out. Children wander corpse-crowded streets searching for their parents.

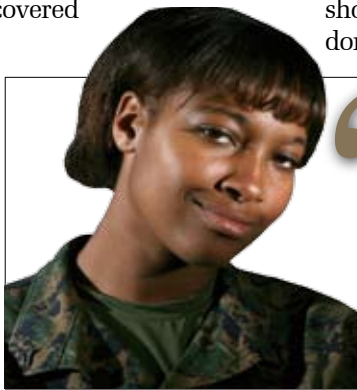
People in Haiti, as well as people of Haitian descent in the United States with family in Haiti, are frantically trying to make contact with relatives. Haiti has been literally left in the dark, and the true devastation to the population and the country cannot accurately be described in words.

There is hope though. Rescue and relief efforts are in full effect. The United States military, to include the 22<sup>nd</sup> and 24<sup>th</sup> Marine Expeditionary Units and other Marines units, as well as aid workers from around the world, are in country for humani-

tarian aid and disaster relief operations.

But Haiti still needs food, water, funds, medical supplies and other equipment. Haiti is the poorest country in the Western Hemisphere and cannot financially support its recovery alone.

Haiti needs help! At a time like this, we should be asking, "What can I do to help?" The Red Cross, Yele Haiti and other donation programs have been set up for people willing to assist in the aid. We should all be willing to give some type of donation to help out.



*"Haiti has been literally left in the dark, and the true devastation to the population and the country cannot accurately be described in words."*

I'm sure we all have been or will be directly or indirectly affected by a disaster at some point in our lives.

I'm sure all Americans remember the feeling of despair in recent years from the terrorist attacks of 9/11 and flooding in New Orleans and other areas because of Hurricane Katrina. During those times, many Americans came together for a common cause to help fellow Americans in need.

As a nation, we should have the same unity in coming together to help Haiti as we did for New York and New Orleans. We should treat any country in need as our own.

My home town, Montgomery, Ala., did not receive as much damage from Hurricane Katrina as New Orleans, but it still took some impact. In ad-

dition to the heavy rains and strong winds from the hurricane, four tornados formed destroying buildings and agricultural facilities.

Some residences were without power for several days. Others, to include my neighborhood, were without power for weeks. Many people had to have food delivered to them, because the power outage lasted for such an extended amount of time, and the food in their refrigerators spoiled.

I know what it's like to be in the dark wondering where your next meal is going to come from. I know what it's like to worry about the well-being of family and friends you cannot contact. I know that feeling of hopelessness, I'm sure every Haitian is feeling that on a greater scale.

Let's help alleviate that sense of hopelessness. We can each make a difference; we can each help. Your time and money can save a life. Your generosity can rebuild a country. As Denzel Washington said in regards to the disaster, "Don't do it for Haiti, do it with Haiti!"

Organizations you can go to provide help in Haiti include: The American Red Cross at [www.redcross.org](http://www.redcross.org), Operation USA at [www.opusa.org](http://www.opusa.org), Americares at [www.americares.org/newsroom/news/deadly-earthquake-strikes-haiti-2010.htm](http://www.americares.org/newsroom/news/deadly-earthquake-strikes-haiti-2010.htm), CARE at [www.care.org](http://www.care.org) and World Food Programme at [www.care.org](http://www.care.org).

*Patterson is a legal service specialist with the Marine Corps Bases Japan Office of the Staff Judge Advocate.*



## This Week in History

SOURCE: U.S. MARINE CORPS HISTORY DIVISION

**Feb. 12, 2003:** About 2,000 Marines from San Diego attached with the 15th Marine Expeditionary Unit arrived in Kuwait, and the number of activated Marine Corps reservists reached 12,539 as the build-up continued in the face of a possible war with Iraq.

**Feb. 13, 1943:** Organization and recruitment of Marine Corps Women's Reserve is officially announced.

**Feb. 14, 1991:** For the first time since 1971, the active duty strength of the Marine Corps was more than 200,000, reaching 200,248 service members including reserve Marines on active duty.

**Feb. 15, 1898:** When the battleship Maine was mysteriously sunk by an explosion in the harbor of Havana, Cuba, 28 Marines and 232 seamen lost their lives.

**Feb. 15, 1918:** General Order Number 30 paragraph 4, makes it a requirement that all officers and enlisted men serving for the American Expeditionary Forces to wear identification tags.

**Feb. 16, 2003:** Nearly 7,000 Marines from the 2nd Marine Expeditionary Brigade landed on the shores of Kuwait which boosted the Corps' strength in country to more than 40,000 troops.

**Feb. 17, 1967:** The first full day of Operation Deckhouse VI, which lasted until March 3, was conducted near Quang Ngai city in Vietnam.

Do **you** have something to *say*?

Send us a constructive opinion or interesting story with wide audience appeal between 400 and 700 words. Okinawa Marine reserves the right to choose appropriate material or edit as necessary.

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Camp Hansen  
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**Sgt. Jarrell Williams, platoon sergeant, Combat Cargo, 24th Marine Expeditionary Unit, carries 14-year-old Lydie Augustin across the flight deck aboard USS Nassau to a MV-22 Osprey in which she was flown back to her village of Grande Salienne, Haiti, to be reunited with her family and friends Feb. 1.** Photo by Lance Cpl. David J. Beall, 24th MEU

## Marines reunite Haitian girl, father with family

**Lance Cpl. David J. Beall**  
24TH MEU

GRANDE SALIENE, Haiti — Just a week ago, 14-year-old Lydie Augustin had two severe, untreated lacerations on her legs from falling bricks shook loose from a building during the Jan. 12 earthquake that caused substantial damage in Haiti.

Feb. 1, she returned to Grand Salienne in better health.

Men, women and children sprinted down the rutted dirt roads flailing their arms into the sky sporting smiles and shouting as her private ride — an MV-22 Osprey — landed to bring Lydie and her father home.

When an assessment team of Marines and sailors with the 24th Marine Expeditionary Unit, based at Camp Lejeune, N.C., landed in Grande Salienne Jan. 25, their mission was to survey earthquake damage, determine if local needs were being met and find people in need of medical care.

Locals immediately told the Marines about Lydie. The Marines and accompanying Navy medical personnel realized she needed help fast. The team was worried about infection and possible loss of her leg or even death. No time was wasted requesting a medical evacuation via helicopter to bring her and her father to USS Nassau.

"I was extremely happy that my daughter was going to get the help she needed, as a father, it was like thank you Jesus for this savior," said Petero Augustin, Lydie's father who stayed with his daughter

aboard the ship. "After God is the Americans," he said.

On ship, Lydie went straight to the operating room where the lacerations were cleaned and stitched. In the following days, she received antibiotic treatments and made new friends. She and her father spent nearly a week aboard ship to recover and get healthy.

"The people here have treated us great, they have made us feel very comfortable," said Petero of the service members who cared for his daughter. "I am going to explain all of our experiences to my family and friends when we get home."

Petty Officer 1st Class James Carbone, hospital corpsman, said caring for one of the many earthquake victims and being able to bring her home was a significant experience for him.

"It was very gratifying to know we were able to bring her here and give her the treatment she needed. Now she can be back home doing the things the other girls her age do in Haiti," said Carbone, part of the 24th MEU's command element.

"If she didn't get this treatment she could've lost her leg or even died, now she has no worries and she can go on living her life," he said.

Lydie, who is soft spoken and knows little English, and her father were both excited to get back home to their families and share their experiences, Petero said.

"The only thing I don't have is money to pay you back," Petero said. "It is the greatest treatment that my daughter has ever received, and I cannot say enough 'thank you' for what these people have done."

## Marines send rounds downrange at Hijudai

**Cpl. Joseph A. Cabrera**  
OKINAWA MARINE STAFF

HIJUDAI TRAINING AREA, Japan — Marines with the 3rd Battalion, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, and Battery E, 2nd Bn., 12th Marines, the artillery battery deployed to Okinawa through the Unit Deployment Program, completed their arrival here Jan. 26 and began preparations for their artillery relocation training.

The regularly-scheduled artillery training enables Marines to maintain their operational readiness to respond to any contingency where artillery, crew served weapons and small arms fire would be required.

According to Capt. Patrick S. Spencer, the operations officer with 3rd Bn., 12th Marines, all personnel and equipment have arrived at the training area, and the Marines have begun checking and testing their equipment which ranges from weapons to digital communications networks.

"There is a lot of prep work that goes into getting ready for the first day of firing," Spencer said.

Once the gear is in place and the weapons are prepped, the Marines' new mission will be to enhance their combat readiness as an artillery unit by successfully completing the established training objectives.

"We base our training on our training and readiness manual," said Capt. Todd H. Litvin, Battery E. commanding officer.

"You don't want to measure success or failure on numbers, specifically the number of rounds fired. Measures of success and measures of effectiveness are better measured in intangible things like meeting training requirements," he said.

The artillery Marines must show proficiency in a variety of tasks which are mission essential for their military occupational specialty. The Marines are expected to properly and effectively deliver accurate fire downrange.

Artillery has become a major supporting element for infantry commanders on the frontlines thanks to the firepower that can be delivered with precision on a given target, Spencer said.

"Our job has gone from an area fire weapon to a precision weapon which enables infantry commanders to get a foothold," he said. "A unit commander can say, 'I don't need to send Marines in there, I can send artillery. I can pinhole that window and takedown the headquarters without even being in the area.'"

For the artillery Marines, their mission may not always dictate they send immense and precise fire power down-range. Crew served weapons and small arms training is incorporated into the training to ensure the Marines maintain a maximum level of efficiency with a variety of weapons systems they may be expected to use in a real-world contingency.

Although the training will challenge the Marines, Litvin said, this field exercise is very important to his unit because the number of days in which they can train each year is limited.

For additional photos, visit [www.okinawa.usmc.mil](http://www.okinawa.usmc.mil).



**Japanese media take pictures as Marines with Battery E, 2nd Battalion, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, fire the M777 howitzer during the Hijudai Artillery Relocation Training Program Exercise Feb. 3.** Photo by 2nd Lt. Scott A. Sasser

**BRIEFS****POST OFFICE HOLIDAY WEEKEND HOURS**

Tomorrow - Parcel Pick Up from 8 a.m. to 3:30 p.m. Retail Service from 10 a.m. to 3 p.m.  
 Sunday - Closed  
 Monday - Closed  
 Tuesday - Parcel Pick Up 8 a.m. to 3:30 p.m. Retail Service from 10 a.m. to 3 p.m.

**HOLIDAY WEEKEND GREEN LINE HOURS**

The holiday hours of operation for the Green Line buses are as follows:  
 Today - 5 a.m. to midnight  
 Tomorrow 10 a.m. to midnight  
 Sunday - 10 a.m. to 10 p.m.  
 Monday 10 a.m. to 10 p.m.  
 Tuesday - 10 a.m. to 8 p.m.  
 Wednesday - 5 a.m. to 8 p.m.

**MARINE RECRUITER ON OKINAWA**

Interested in career opportunities in the U.S. Marine Corps? The Marine recruiter for Okinawa, Staff Sgt. Terlaje Raymond, will be available at Kubasaki High School on Tuesday and Wednesday and at Kadena High School on Thursday and Friday from 7:30 a.m. to 2 p.m.

For more information, e-mail Staff Sgt. Terlaje at raymond.terlaje@marines.usmc.mil or rjterlaje@bnrgear.com.

**SOCCER REFEREE CERTIFICATION**

Take the three-day entry-level certification course with the Ryukyu International Soccer Association to become a certified U.S. Soccer Federation referee. Then be able to referee all on-base soccer games and earn extra income. No soccer experience is required.

You must attend one course: Feb. 26 from 6 to 9 p.m. and Feb. 27-28 from 8 a.m. to 5 p.m. or March 12 from 6 to 9 p.m. and March 13-14 from 8 a.m. to 5 p.m. There is a \$20 registration fee to attend.

For more information, contact risasoccer@gmail.com or register via www.RISAsoccer.com.

**DISNEY'S CINDERELLA KIDS! MEET, GREET**

Come see Cinderella, Prince Charming and other members of the cast from Disney's *Cinderella Kids!* at the Camp Foster Exchange tomorrow from 11 a.m. to 1 p.m. Bring your camera and have your picture taken with members of the cast.

For more information, visit www.pops-okinawa.org.

**MARRIAGE ENRICHMENT RETREAT**

Join Chaplains' Religious Enrichment Development Operation from March 12 through 14 at the YYY Resort for a Marriage Enrichment Retreat.

Couples will learn to communicate more effectively and work as a team to preserve and enhance love, commitment and friendship. They will have the opportunity to discover more about one another's emotional, physical and spiritual needs. They will also be able to relax and enjoy themselves in a beautiful stress-free location.

Register through Wednesday. For more information, call 645-3041, e-mail CREDO.mcbb.fct@usmc.mil or stop by building 442.

**TO SUBMIT A BRIEF**, send an e-mail to okinawamarine.mcbb.fct@usmc.mil, or fax your request to 645-3803. The deadline for submitting a brief is noon every Friday. The Okinawa Marine reserves the right to edit all submitted material.

# PMO enhances safety, security

**Cpl. Rebekka S. Heite**

OKINAWA MARINE STAFF

OKINAWA — The Marine Corps Base Camp Butler Provost Marshal's Office is implementing a new base access process and procedure for all patrons not issued a Common Access Card or dependent identification card starting today.

"This procedure is not being changed due to any added threats or security issues," said Lt. Col. Roy D. Paul, provost marshal for Marine Corps Base Camp Butler. "This is an upgrade to assist our customers and provide a better customer service in a more streamlined and quicker manner.

"Where it has, in the past, taken up to six months for the pass approval process, we will have it down to about a week in most cases, sometimes less and in an exceptional case maybe a little longer," he added.

As the new process and procedure are put in place, Camp Foster's Pass Office will be closing Feb. 19 and is scheduled to reopen Feb. 25.

The Camp Foster Pass Office will be closed because "We are installing an updated Base Pass Access Control system that will allow the Pass Office to issue a CAC-like card with enhanced security features which will replace the current version of the base pass which is manually prepared," said 1st Lt. Michael

A. Sickels, PMO services officer, MCB Camp Butler. "We need to close the office in order to set this system up to begin issuing the new passes the following week."

"On Feb. 25 only requests for base access with the new forms and that adhere to the new standardize pass processing procedures will be accepted for pass issuance," said Jeff Wheatley, Pass and Registration supervisor, PMO, Camp Foster.

The new forms can be found at the Camp Foster, Hansen and Kinser Pass Offices or online at www.mcbbutler.usmc.mil.

The Camp Foster Pass Office is not the only pass office closing Feb. 19. Camps Kinser and Hansen Pass Offices will close permanently the same day.

"We will consolidate our operations at the Foster Pass Office with the implementation of the updated BPAC system," said Sickels.

"Current pass holders who have passes that will expire in the month of February will receive an automatic extension until March 19," added Wheatley.

The process for receiving day passes at the gate will remain the same, said Sickels.

The new process will begin with obtaining a background record check at any MCB PMO followed by submitting it along with the Request for Access form to each camp's commander.

If approved, camp command-

ers will have the authority to grant access to their installation for both temporary base access passes for less than 30 days and semi-permanent passes for more than 30 days. Though the commanders will grant the access and issue the temporary pass, the Camp Foster Pass Office at the Legion Gate will be the only entity issuing passes for more than 30 days, Sickels added.

One exception to this process is the MCB Pass Office, located adjacent to the Camp Foster Legion Gate, will be the issuing organization for all semi-permanent and temporary passes for Marine Corps Air Station Futenma, said Wheatley.

"This is a major shift from the current procedures that have been in place for years," said Wheatley. "The improved procedures will ultimately reduce pass processing time at the pass office while improving installation security."

"These upgrades are being done to enhance the safety and security of all persons who live and work aboard or visit our installations," said Paul. "They will also help to ensure we are in compliance to the best of our ability with Department of Defense policy and procedures for base access on military installations."

For more information call the Camp Foster Pass Office at 645-7517 or 645-2239.

## Expo bridges training, recovery gap

**Pfc. Anthony Ward Jr.**

OKINAWA MARINE STAFF

CAMP FOSTER — Marine Corps Community Services Health Promotion sponsored a Body Maintenance Exposition Jan. 23 at the Camp Foster Performing Arts Center.

Expo booths focused on different fitness routines and body maintenance techniques.

Most people believe training and exercise will make them better athletes, said Terumi Nagai-Luebbbers, Gunner's Fitness Center fitness coordinator. No one gains fitness from just training; they gain fitness by recovering from training and exercise, she said.

The expo's goal was to help people learn multiple ways to enhance their fitness through body maintenance, said Nagai-Luebbbers.

At one booth, Kei Hasegawa, with the Okinawa branch of the Mizuno Corporation, explained how to choose the correct running shoe.

Wearing the correct type of shoe can greatly reduce the risk of injury, said Hasegawa. Too big a shoe can cause toenail damage when running downhill, and wearing the wrong type of shoe for an individual's type of arch or pronation can

be detrimental to the body, he said.

Pronation is the movement of the ankle in which the sole of the foot lifts outward and the outside border of the foot flattens out, said Hasegawa.

A person either has no arch, which requires a stabilizing running shoe; a high arch, which requires a more cushioned shoe; or a normal arch, which demands a balanced running shoe, explained Hasegawa.

Other services displayed included relaxation techniques, acupuncture and aroma massage.

"This event explained many ways to take better care of your body, maximize training and performance and minimize the risks of overtraining and injury," said Nagai-Luebbbers.

"We really wanted to highlight the importance of being functionally fit, as that is the true direction all athletes, especially Marines, should be headed," said Beard.

"Operational readiness is what we strive for, and we try to center our programs and services with this in mind," Beard added.

MCCS Health Promotion plans to make the Body Maintenance Expo an annual event, said Nagai-Luebbbers. For more information, call 645-3910 or visit www.mccsokinawa.com.



# FOCUS helps families deal

Lance Cpl. Dengrier M. Baez

OKINAWA MARINE STAFF

CAMP FOSTER — A program here helps warfighters' families combat the emotional toll caused by deployments.

Families OverComing Under Stress, or FOCUS, informs service members from all branches and their families about the improved resiliency training program that's available on Camp Foster.

The goal of FOCUS is to assist family members to address deployment stress and teach techniques to reduce their interference with family life, according to the FOCUS Web site.

"We don't get into major emotional issues, but what we do is give you the training to help you deal with those issues affecting you and your family," said Linda Havens, who has a doctorate in clinical psychology and is site director of FOCUS on Okinawa. "We recently changed from a Marine-specific service to an all branch service, inviting everyone that needs the help to come."

Sessions are held with parents, children and the whole family, said Havens. The first two are with parents to assess the family's needs and strengths, the next two with the children to better understand the family and the last sessions with the family as a whole.

Within the sessions, four major skills are taught: communication, emotional regulation and stress management awareness, problem solving and goal setting, she added.

Sessions are added if a family needs further assistance, she said.

The program is confidential, meaning issues discussed during sessions or even a service member's participation in FOCUS will not be provided to anyone, Havens said.

"I understand it is difficult, because a Marine would automatically think we are trying to get in their head" said, Rennie Givens, resiliency training coordinator for FOCUS and a retired Marine Corps captain.

As part of a resiliency team, Givens brings to the table his 20 years of service and his charisma and enthusiasm to help service members and their families, Havens said.

"The reality is that we are here to give you the tools to deal with the stress-related problems if they were to come up," Givens said. "We want to keep the communication strong within the family."

The FOCUS team is diverse in working experience but that's what makes the team unique and able to work well, Havens said.

"You have to work with the people affected," said Lisa Laporte, a resiliency trainer with FOCUS and a military spouse. "Let them tell their story to us."

Laporte, who worked with the Department of Labor, has seen the other side of the spectrum working with war veterans, she said. She joined the FOCUS team to take a proactive rather than a reactive approach to helping service members, she said.

"I've seen the other side and wanted to be in the proactive side," Laporte said. "Our goal is preventing the problem before it happens."

"I think it is great that something like this is available for spouses like me whose husbands deploy all the time," said Katrina Ellis, an Air Force spouse. "Families from all services could take advantage of the program."

For more information visit FOCUS at [www.focusproject.org](http://www.focusproject.org) or call 645-6077.

## GOLD FROM PG 1

amphibious assault was to orchestrate a forcible entry and get troops ashore in a simulated hostile situation while collaborating with different militaries, said Lt. Col. Stewart Lockheart, executive officer, 31st Marine Expeditionary Unit, III Marine Expeditionary Force.

"Amphibious landings are part of our Marine Corps history," Lockheart said. "It is important that we test ourselves on our knowledge and work with our counterparts to perfect our skills as a united force."

The exercise began with reconnaissance Marines maneuvering combat rubber reconnaissance crafts from sea to shore, securing a perimeter and locking on target objectives set in place.

As U.S. Marines surveyed the area from the ground, Thai paratroopers soared overhead, providing an aerial set of eyes

and joining in the securing of the vicinity once they landed.

Cobra and Huey helicopters and Harrier jets provided air support as troops cleared the beach of obstacles.

A Bangalore torpedo and a small amount of controlled explosives were used during the mock strikes.

Once the beach was clear, amphibious assault vehicles made their way across the sea, gliding in from more than 5,000 yards.

"All of our big toys came out to play today," Lockheart said.

The AAVs stormed the beach in two waves, the first consisting of Royal Thai and U.S. Marines, the second of Royal Thai and ROK Marines.

The AAVs pushed ashore toward their objective, where Marines dismounted and continued the assault, conducting fire team buddy rushes inland to complete the objective and secure the area.

The entire course of action lasted less than an hour, but in a real life situation, the process could take days to accomplish the goal, said Navy Capt. Don Schmiele, commander of Amphibious Squadron 11 and USS Essex Amphibious Ready Group.

"Everything has to be timed and completely synchronized on every side," Schmiele said. "With that in mind, it is of the utmost importance that we rehearse the process of moving air and surface pieces in an assault, especially when working in a coalition capacity."

After nearly two months of developing a refined plan, the demonstration was executed exceptionally, Lockheart said.

"We're all Marines," Lockheart said. "Despite our differences, we have similar doctrines, and that's why this exercise was such a success."



**A panel of woman including a uniformed victim advocate and a defense counsel attorney discuss women-specific issues during the 3rd Marine Logistics Group Woman's Symposium entitled "Foundations: Sex and Relationships" held in the Camp Foster Theater Jan. 26. Photo by Lance Cpl. Abigail M. Wharton**

## WOMEN FROM PG 1

"I want to help them through the challenges they will face," she said.

"We covered some very gender-specific topics that young females need guidance in and most males can't answer," Collins added.

More symposiums are being planned to cover other topics of importance, and all

females of any rank are encouraged to come, she said.

"Anyone who didn't come missed out on addressing issues and taking preventative measures to avoid being a victim," Collins said.

"I think women who missed this should talk to the women who attended and find out what they missed," Malone suggested.

Women are encouraged to keep their eyes open for advertisements for another Woman's Symposium discussing different topics.

"There is always something new to learn," Collins stated. "Come and get these important messages."

For more information about the next symposium, call 637-1428.

## SAFETY FROM PG 1

Use the liberty buddy system and make sure the location is not off limits to Status Of Forces Agreement personnel, he added.

As a popular hangout with Americans, Mihama, or American Village, located off Highway 58 near Camp Lester, is a safe place to enjoy the Okinawa culture, Jacob said.

"Make safety a part of your daily routine," said Bradley Wells, a MCCS safety officer.

One safety habit to develop is wearing proper PPE correctly at all times, said Jacobs.

"I see Marines wearing a helmet on their head skateboarding, but the chin strap is not attached," he said.

A helmet will not protect the head if it falls off before a person hits the ground, he added.

Additionally, elbow and knee pads should

always be worn when skateboarding, as this is a requirement, he said.

Safely participating in activities and avoiding serious injury should be high on the priority list, according to Jacobs.

Some recreational water activities popular on Okinawa are swimming, snorkeling and diving, said Jacobs. Before participating in any of these activities, be sure to take the necessary precautions such as checking weather and water conditions beforehand, he said.

Be aware of your surroundings, Wells added.

Drowning is a fatality that can be avoided, said Jacobs.

Whether deep sea diving, exploring local caves or playing a pick-up game of basketball, safety is key and taking the proper precautions can go a long way, the safety experts agreed.



# Oki Flyers take

Story and photos by Lance Cpl. Kris B. Daberkoe

OKINAWA MARINE STAFF

*An airplane gains speed as it roars down the grass field. After gaining enough lift under its wings the airplane quickly rises into the sky and banks left. No one is sitting in the cockpit of this bird; its controller is operating the plane remotely. It's just another Sunday for the Oki Flyers.*

Members of the Oki Flyers, a club for remote control aircraft enthusiasts, filled the skies above Torii Station with small airplanes and helicopters Jan. 31 during a monthly meeting.

The Oki Flyers, established in 1995, reserve space for takeoffs and landings at Torii, organize competitions and train service members, civilians and local nationals interested in remote controlled aircraft.

While flying is not easy, take off and landing is the most anxious part of flying, according to Navy Petty Officer 2nd Class David Gonzales, president of the Oki Flyers, as he controlled his airplane with a remote transmitter.

Since its establishment, the Oki Flyers meets to fly remote control aircraft at least one Sunday every month on Torii Station.

And there is more to these remote control planes than just flying in patterns, said Gonzales.

The controllers also hold targeting competitions.

Some have built mechanisms for dropping objects from their planes onto targets accurately. They then see who most often hits targets, said Master Sgt. David Ramos, Camp Services chief for Marine Corps Base Camp Butler.

"I like knowing that you get this thing out of a box and after putting it together, you're able to see it fly," said Ramos.

The RC aircrafts flown by the Oki Flyers range in sizes and types, some up to 4 feet tall with wing spans of 13 feet.

Depending on size, RC aircraft are electric or gas powered.

The larger aircraft are better suited for flying during windy conditions common to Okinawa, said Ramos.

Air flows more smoothly over the larger plane bodies, he said.

"The wind could change direction, and you don't even know it," Ramos said.

The RC aircraft can cost from \$80 to \$23,000, making it important to keep your aircraft from crashing while flying in Okinawa's windy weather conditions, said Gonzales.

Flying remote control aircraft can be a fun and relaxing hobby, Oki Flyers members said.

"When I'm flying, I feel all my stress just blowing away, because all my concentration is on controlling that aircraft," said Ramos.

The Oki Flyers will train people newly interested in the hobby to operate trainer aircraft for their first flight.

For more information on the Oki Flyers, call 090-6533-1877.



Petty Officer 2nd Class David Gonzales, practices a flight routine using his model Extra 300 aircraft at Torii Station Jan. 31.





to skies



**Master Sgt. David Ramos manually starts up his model Extra 300 aircraft before a flight at Torii Station Jan. 31.**



**Master Sgt. David Ramos, Camp Services chief for Marine Corps Base Camp Butler, and Petty Officer 2nd Class David Gonzales, Fleet Readiness Center West Pacific Detachment, Okinawa, troubleshoot a problem with a model Extra 300 internal power source before a flight at Torii Station Jan. 31.**



# Small, mighty Marine has get-it-done attitude



**Cpl. Joseph A. Cabrera**

OKINAWA MARINE STAFF

Standing 5 feet, 4 inches tall, full of charisma and personality, Sgt. Joshua A. Young, 24, a survey chief with the target acquisition team, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, fills a gunnery sergeant's billet with confidence and a get-it-done attitude.

At first glance, Young's most notable physical feature is his height; it's half the reason he earned the nickname "small and mighty."

The name was given to him not only because of his height but his physical strengths as a Marine, said Cpl. Chris W. Garcia, an assistant survey chief with the target acquisition team, 12th Marines.

"He is small but he is strong, and he can run too. I don't get how his little legs propel him that quick but he can run, and he is freakishly strong for a little guy," Garcia said.

Young said he feels it is his duty as a noncommissioned officer to teach his Marines their own job and his as well.

"I pretty much tell them I shouldn't know anything that they don't know; knowledge should always be passed on," Young said. "Right now we got all new guys, and I'm trying to push the knowledge through and make sure everyone knows the same thing."

"This is my first duty station so he is the first NCO I've been around, so pretty much everything they didn't teach me in boot camp or (military occupational specialty) school, I learned from him," said Lance Cpl. Jeremy R. Travis, a surveyor with the

target acquisition team, 12th Marines.

As surveyors, the section is responsible for establishing a common grid with the coordinates and locations of the different artillery assets and targets in the field to ensure accurate artillery fire on target.

"We basically put everyone on the same page so everyone knows where everyone is, so when the forward observer calls in a fire mission, the battery knows exactly where they are at and where they need to shoot on target," Young said.

During the Hijudai Artillery Relocation Training Program Exercise the section also establishes the common grid and initializes the M777 howitzer's global positioning system.

As a survey chief, Young is responsible for making survey plans and carrying out any needs the battery or battalion might have regarding surveys. Young said he is also responsible for tasking the survey teams with accomplishing those needs.

The nature of his work and the billet he holds give him the opportunity to act independently and be innovative to accomplish missions, he said.

"We'll be given a mission, but we're not really told how to do it, so it is up to us to figure out how," he said.

His hands-off approach has earned the respect admiration of his Marines, said Garcia.

"He can get the job done just being chill. He is very hands off; he knows me and the other corporals get can stuff done," Garcia said.

Regardless of his size or stature, Young has proven he can still effectively lead Marines and get the job done.

**Sgt. Joshua A. Young, a survey chief with the target acquisition team, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, supervises his target acquisition team during the Hijudai Artillery Relocation Program Exercise Jan 28.**

Photo by Cpl. Joseph A. Cabrera

## Jungle training remains necessary

**Lance Cpl. Paul D. Zellner II**

OKINAWA MARINE STAFF

"We have fought in every clime and place where we could take a gun" and "History has a way of repeating itself," are two phrases Marines know all too well.

Throughout history, Marines have fought multiple wars in the jungle, and it's one of the reasons they continue to train and be ready to fight anywhere, according to the Corps' top Marine.

"We need to focus on amphibious landings, cold weather training, mountain warfare training, jungle warfare training and combined arms exercises," said Gen. James Conway, Commandant of the Marine Corps, during a visit to Marine Corps Air Station Miramar, Calif., in June.

The Jungle Warfare Training Center on Camp Gonsalves, Okinawa, Japan, provides Marines and troops from other services the only Department of Defense facility for hands-on jungle warfare training.

"We need a place to train for almost any type of environment because our future enemy is unknown," said Lance Cpl.

Richard Walbe, an instructor at Okinawa's Jungle Warfare Training Center. "Deception is the key to most warfare but especially jungle warfare. That is not something that can just be taught but (it) must also be practiced,"

"The war we're fighting is against a terrorist ideology that is spread throughout the globe, so we need to be able to fight and protect in any environment," said Cpl. Cody Cunningham, an assistant team leader with Company C, 3rd Reconnaissance Battalion, 3rd Marine Division, III Marine Expeditionary Force.

"It's an uncertain world we have here," said Gunnery Sgt. James Newton, staff non-commissioned officer-in-charge of JWTC. "We could go from the mountains of Afghanistan straight to the jungles of Asia."

Since 1958, the Jungle Warfare Training Center, formerly known as the Northern Training Area, has kept Marines ready to fight in a jungle environment and will continue the tradition for years to come.

"The Marines' Hymn says we fight in every clime and place, so to effectively be able to do that, we must maintain training in every clime and place," Newton said.



**Sgt. Rodolfo Toro with Headquarters and Service Battalion, Marine Corps Base Camp Butler, conducts a security halt during a patrolling exercise at the Jungle Warfare Training Center.** Photo by Lance Cpl. Paul D. Zellner II





Members of the Society for Creative Anachronism on Okinawa gather at the Kadena Air Base Exchange to share with patrons a little bit about early war tactics, medieval era games and 15th century armor on Jan. 30.

# Kadena gets taste of Middle Ages, Renaissance

Story and photos by Pfc. Tyler C. Vernaza  
OKINAWA MARINE STAFF

They are neither lost nor misplaced. Out of their time they have dedicated themselves to making the past within reach.

The Society for Creative Anachronism is an international non-profit educational organization dedicated to the preservation, research and recreation of the crafts, arts and experiences of the Middle Ages and Renaissance periods, said Darren Mize, a SCA member.

Mize said, "after doing this for 14 years, my favorite thing is the atmosphere of the encampments before a war."

When members of SCA get together for a collective event there can be hundreds of people in attendance, Mize added.

At larger events they can be seen cooking traditional food, dancing, wood working and even playing medieval games. Mize said, with a child-like smile, he loves to hear the lutes playing in the background, the smell of the food and the people talking in their respective vernacular.

"The thing I like most is that you really become another person," said Sgt. Trey Carson, with Marine Air Control Squadron 4, Marine Air Control Group 18, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

When people participate in the SCA's events, they dress in the appro-

priate attire of the Middle Ages and Renaissance, said Carson.

"You can do anything from cooking, to brewing mead, to full-force combat," said Carson. They could even dress like a Samurai of that period.

Participants have the creative authority to make a costume from anywhere around the world within the Middle Ages and Renaissance time periods.

Carson's wife, Trina, has been following these events for 18 years. "When I first asked Trey to come, he thought it was stupid," she added.

Trina loves that her husband does this with her, she said. It provides a great opportunity for them to spend time with each other and meet new people on the island.

"If interested in learning about early war tactics, medieval era games, 15th century armor, or just meeting new people this is the place to be," said Carson.

We love having new people come so check us out, said Mize.

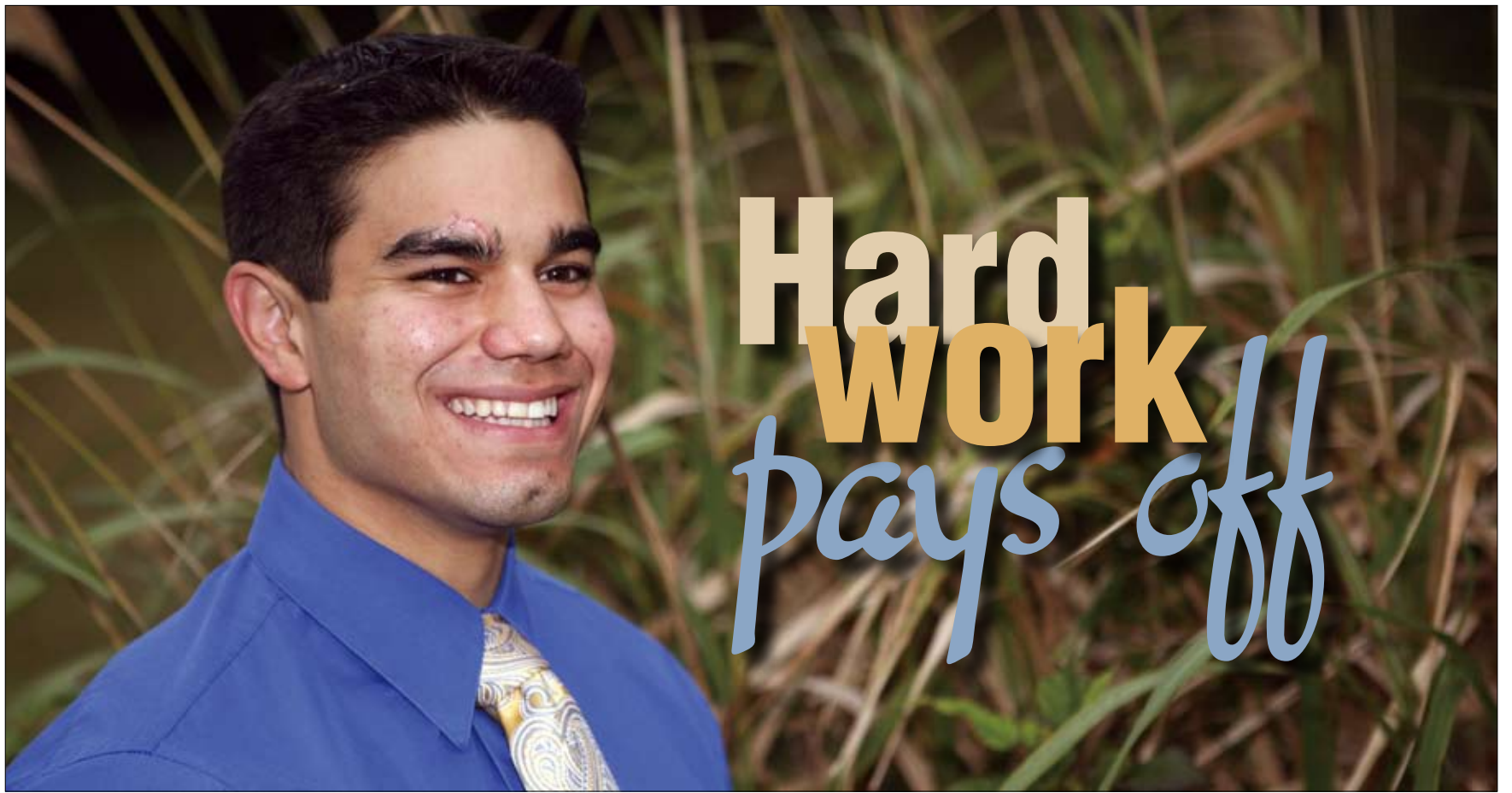
The SCA host meetings every Wednesday night at the Kadena United Service Organization ballroom at 8 p.m. You can also find them every 1st and 3rd Saturday of the month at Merrick Park on Kadena, or the 2nd and 4th Saturday of every month on Camp Foster.

For more information visit <http://wcabattlerock.wikia.com> or e-mail [SCAbattlerock@gmail.com](mailto:SCAbattlerock@gmail.com).



Steven Hendricks, right, explains his persona and the instrument in his hands, dressed like a German 16th Century Entertainer.





Joshua Jones, Kubasaki High School senior, is one of 104 students participating in the U.S. Senate Youth Program March 6-13. The "A Case For Democracy" fan realized he was interested in politics the summer before his sophomore year of high school, and his upcoming trip is a culmination of his hard work towards that goal. Photo by Lance Cpl. Abigail M. Wharton

## Student selected for Senate Youth Program

Lance Cpl. Abigail M. Wharton

OKINAWA MARINE STAFF

Kubasaki High School senior Joshua Jones is going to the Senate. After a rigorous selection process, Jones was selected as one of 104 students to participate in the U.S. Senate Youth Program March 6-13 in Washington.

The program was established in 1962 by U.S. Senate Resolution as an educational experience for select high school students interested in public service careers, according to the program's Web site.

Sources close to Jones say he was a gifted student from a young age, but did not have the love for politics that he possesses now.

"In first grade I realized he was exceptional," said his mother, Brenda Jones. "He's very quick minded, and he pieces concepts together quickly."

"I went from not caring at all about politics to being obsessed," 18-year-old Jones said. "I was the one who always thought my dad was weird for being a politic junky."

The USSYP selects two students, in their school's student government, from each state, the District of Columbia and the Department of Defense Education Activity to meet with congressman and senators.

"I was selected as one of the DoDEA representatives," Jones said. "I had to take a test, write a few essays and make a video of myself answering questions."

"A lot of the selection process was based on academics," Jones said. "They also looked at volunteer work and extracurricular activities, because they wanted to make sure we are working for other people."

Jones said his teacher, Megan Youness, advanced placement government and history teacher at Kubasaki High School, was the one who told him about the program, pushed him to apply and really helped him through the whole process.

Jones' acceptance in to the program came as a surprise, said Brenda Jones.

"His teacher helped him apply, so I didn't even know anything about it until he told me he had been accepted into the program," Jones' mother said. "I was really excited and proud of him."

Some friends of Jones believe he will do well in the program due to his attitude and past successes.

"Josh is fun to hang out with," said

Rachel Gehring, a friend and fellow Kubasaki High School student. "He's really smart, a good listener, and he's good at whatever he does."

A turning point in Jones' outlook on politics came the summer before his sophomore year of high school.

"I read the book 'A case for Democracy' by Natan Sharansky, and it showed me just how much politics affects me and how much I can affect if I get involved," Jones said.

According to Jones, some of his goals include: becoming an attorney, joining the military, entering politics and ultimately being elected into office as a congressman or senator.

Jones' mother backs his decisions and goals, but cautions him on what lies ahead.

"I've warned him that [politics] is a tough road, but he needs to do it if he wants to make a change," his mom said. "He's definitely braver than I am."

Jones' mother described him as determined and motivated. He stands up for what is right, and he won't stay silent if something needs to be corrected, she added.

Echoing her comment, Gehring said, "He stands up for what he believes in. Some people say he should run for president, and if he does, people should vote for him."

"I figured I should start my career while I'm still in school," said Jones who participates in his school's student government.

Although occupied with several hobbies such as weight lifting, swing dancing, playing the piano, reading and any kind of learning in general, Jones has been trying to become more involved in politics. "He has tried to get into several government programs, tours and trips," Jones' mother said.

"We never had the money, but now his hard work is paying off."

Jones said he's excited to go to USSYP and meet with government officials. He and the other DoDEA representative will be introducing the Secretary of Defense at the USSYP, Jones added.

Jones encourages people to get involved with politics.

"Whatever your opinions are you should get involved. Don't just sit around and let other people change things for you," he said.

*Whatever your opinions are you should get involved. Don't just sit around and let other people change things for you.*

- Joshua Jones



**IN THEATERS NOW****FEBRUARY 12 - FEBRUARY 18****FOSTER**

**TODAY** Edge of Darkness (R), 6 and 9 p.m.  
**SATURDAY** The Princess and the Frog (G), noon;  
 The Twilight Saga: New Moon (PG13), 3 p.m.; The  
 Book of Eli (R), 6:30 and 9:30 p.m.  
**SUNDAY** The Princess and the Frog (G), 1 p.m.;  
 Dear John (PG13), 4 p.m.; The Book of Eli (R), 7  
 p.m.  
**MONDAY** The Princess and the Frog (G), 1 p.m.;  
 Everybody's Fine (PG13), 4 p.m.; The Book of Eli  
 (R), 7 p.m.  
**TUESDAY** The Book of Eli (R), 7 p.m.  
**WEDNESDAY** Brothers (R), 7 p.m.  
**THURSDAY** Dear John (PG13), 7 p.m.

**SCHWAB**

**TODAY** Legion (R), 7 p.m.  
**SATURDAY** The Blind Side (PG13), 5 p.m.  
**SUNDAY** Everybody's Fine (PG13), 5 p.m.  
**MONDAY-THURSDAY** Closed

**KADENA**

**TODAY** The Princess and the Frog (G), 6 p.m.;  
 Brothers (R), 9 p.m.  
**SATURDAY** The Princess and the Frog (G), noon  
 and 3 p.m.; Edge of Darkness (R) 6 and 9 p.m.  
**SUNDAY** The Princess and the Frog (G), 1 p.m.;  
 Brothers (R), 4 p.m.; Edge of Darkness (R), 7 p.m.  
**MONDAY** Edge of Darkness (R), 7 p.m.  
**TUESDAY** Brothers (R), 7 p.m.  
**WEDNESDAY** Legion (R), 7 p.m.  
**THURSDAY** Brothers (R), 7 p.m.

**COURTNEY**

**TODAY** Dear John (PG13), 6 and 9 p.m.  
**SATURDAY** Amelia (PG), 2 p.m.; Everybody's  
 Fine (PG13), 6 p.m.  
**SUNDAY** Amelia (PG), 2 p.m.; Legion (R), 6 p.m.  
**MONDAY** Everybody's Fine (PG13), 7 p.m.  
**TUESDAY** Closed  
**WEDNESDAY** Edge of Darkness (R), 7 p.m.  
**THURSDAY** Closed

**HANSEN**

**TODAY** Brothers (R), 6 p.m.; The Fourth Kind  
 (PG13), 9 p.m.  
**SATURDAY** Legion (R), 6 and 9 p.m.  
**SUNDAY** The Fourth Kind (PG13), 2 p.m.; It's  
 Complicated (R), 5:30 p.m.  
**MONDAY** Dear John (PG13), 7 p.m.  
**TUESDAY** Dear John (PG13), 7 p.m.  
**WEDNESDAY** Brothers (R), 7 p.m.  
**THURSDAY** Edge of Darkness (R), 7 p.m.

**KINSER**

**TODAY** Avatar (PG13), 6:30 p.m.  
**SATURDAY** The Princess and the Frog (G), 3  
 p.m.; Avatar (PG13), 6:30 p.m.  
**SUNDAY** The Princess and the Frog (G), 3 p.m.;  
 Brothers (R), 6:30 p.m.  
**MONDAY** Closed  
**TUESDAY** Brothers (R), 6:30 p.m.  
**WEDNESDAY** Dear John (PG13) 3 and 6:30 p.m.  
**THURSDAY** Daybreakers (R), 6:30 p.m.

**FUTENMA**

**TODAY** The Blind Side (PG13), 6:30 p.m.  
**SATURDAY** Dear John (PG13), 4 and 7 p.m.  
**SUNDAY** Everybody's Fine (PG13), 4 p.m.; The  
 Blind Side (PG13), 7 p.m.  
**MONDAY** Legion (R), 6:30 p.m.  
**TUESDAY** Closed  
**WEDNESDAY** Closed  
**THURSDAY** Closed

**THEATER DIRECTORY**

**CAMP FOSTER** 645-3465  
**KADENA AIR BASE** 634-1869  
 (USO NIGHT) 632-8781  
**MCAS FUTENMA** 636-3890  
 (USO NIGHT) 636-2113  
**CAMP COURTNEY** 622-9616  
**CAMP HANSEN** 623-4564  
 (USO NIGHT) 623-5011  
**CAMP KINSER** 637-2177  
**CAMP SCHWAB** 625-2333  
 (USO NIGHT) 625-3834

Movie schedule is subject to change without notice. Call in advance to confirm show times. For a complete listing, visit <http://www.aafes.com>.



## SINGLE MARINE PROGRAM EVENTS

For more information, or to sign up, contact the  
 Single Marine Program at 645-3681

All bus pick-up points will be at Semper Fit gyms or the Foster Fieldhouse.

**LT. BUCKER MEMORIAL CLEAN UP: FEB. 20**

• Join the SMP and Japanese Boy Scouts from 9 a.m. to noon as we clean up and plant trees and flowers at the memorial. We need 20 volunteers, transportation will be provided and volunteers will earn a Letter of Appreciation. Contact the SMP office to sign up.

**WHALE WATCHING: FEB. 27**

• Cost is ¥3,900 and \$10 for transportation payable at the SMP office. Contact the SMP office for more information or to sign up.

**AFRICAN AMERICAN HISTORY PROGRAM: FEB. 26**

• Help students learn about famous African-Americans at the Camp Kinser Elementary School gymnasium from 8 to 11 a.m. Contact the SMP office to sign up.

**WHALE WATCHING: FEB. 27**

• Starting at 2 p.m. join us for whale watching. Cost is ¥3,900 and \$10 for transportation. Contact the SMP office for more information and to sign up.

**FOREST ADVENTURE PARK: MAR. 6**

• Swing through the treetops on zip lines, swing across ravines on tarzan swings, and test your fortitude on suspended bridges and rope ladders at Forest Adventure Park. Cost is ¥3,000 at the door and \$10 for transportation. Contact the SMP office for more information or to sign up.

**TAKE THE BUSHIDO CHALLENGE: APRIL 27, 29, MAY 7**

• Bushido means way of the warrior, and this challenge will be a test of the warrior. The Bushido Challenge Southern will be held on Marine Corps Air Station Futenma April 27, and the Bushido Challenge Northern will be held on Camp Hansen April 29. The best 10 teams from each challenge will compete in the final challenge May 7. Top three teams from the final challenge will win prizes. This is open to teams of four, of which at least one team member must be a single or unaccompanied Marine or sailor. This will be a physically demanding challenge with competitions including a physical fitness test, a combat fitness test, a tire flip, an up-armored humvee pull, a dead arm hang, a shot put and other events. Contact the SMP for more information or to register.

**CHAPEL SCHEDULE****CAMP FOSTER | 645-7486**

• *Catholic*: Mon.-Fri., 11:45 a.m.;  
 Sat., 5 p.m.; Sun., 10 a.m.  
 • *Christian Science*: Sun., 11 a.m., Bldg. 442  
 • *Eastern Orthodox*: Sun., 9:30 a.m.,  
 Vespers, Sat., 5 p.m.  
 • *Gospel*: Sun., 11:30 a.m.  
 • *Hindu*: Sat., 3:30 p.m.  
 • *Jewish*: Fri., Traditional, 6 p.m.;  
 Informal: 1st, 3rd Fri., 6:30 p.m.  
 • *Muslim*: Fri., Prayer, 12:45 p.m.  
 • *Protestant*: Sun., 8:30 a.m.  
 • *Seventh Day Adventist*: Sat., 10 a.m.

**CAMP SCHWAB | 622-9350**

• *Catholic*: Sun., 5:30 p.m.  
 • *Protestant*: Sun., 4 p.m.

**CAMP COURTNEY | 622-9350**

• *Catholic*: Sun., 8 and 11:15 a.m.;  
 Mon.-Fri., 11:45 a.m..  
 • *Protestant*: Sun., 9:30 a.m.

**CAMP KINSER | 637-1148**

• *Catholic*: Sun., 11 a.m.  
 • *Protestant*: Sun., 9 a.m.

**CAMP HANSEN | 622-9350**

• *Catholic*: Sun., 10 a.m., E. Chapel  
 • *Protestant*: Sun., 11 a.m., W. Chapel

**KADENA AIR BASE | 634-1288**

• *Catholic*: Sun., 8:30 a.m., Mass, Chapel 3;  
 Sun., 11:30 a.m., Reconciliation, Chapel 3;  
 Sun., 12:30 p.m., Mass, Chapel 3;  
 Sun., 5 p.m., Mass, Chapel 2;  
 Daily Mass, Mon.-Fri., noon, Chapel 2  
 • *Contemporary*: Sun., 10:30 a.m., Kadena  
 High School  
 • *Gospel*: Sunday School, 9 a.m., Bldg. 856;  
 Service 10:30 a.m., Chapel 3  
 • *Inspirational*: Sun., 8:30 a.m., Chapel 2;  
 • *Protestant*: Sun., 10 a.m., Chapel 2;  
 • *Traditional*: Sun., 10:30 a.m., Chapel 2;  
 • *Wiccan/Pagan*: Sat., 2 p.m., Bldg. 856

**CAMP LESTER | 643-7248**

• *Catholic*: Sun., 8 a.m., Lester Chapel  
 Tues., 7:15 a.m., Thurs., 9 a.m., Liturgy of Word  
 • *Non-Denominational*: Sun., 9 a.m., Hospital  
 Chapel; Sun., 10 a.m., Lester Chapel

**MCAS FUTENMA | 636-3058**

• *Catholic*: Sun., noon  
 • *Contemporary*: Fri., 7 p.m.; Sun., 9 a.m.  
 • *High school senior service*: Sat. 6 p.m.

**CAMP McTUREOUS | 622-9350**

• *Gospel*: Sun., 12:30 p.m.  
 • *Lutheran*: Sun., 9:30 a.m.  
 • *Protestant Lethurgical*: Sun., 6:30 p.m.

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2nd Lt. William Dubois, back, with 9th Engineer Support Battalion, 3rd Marine Logistics Group, III Marine Expeditionary Force, puts Sgt. David Nunez, with 3rd Battalion, 12th Marine Regiment, 3rd Marine Division, III MEF, in a headlock during the Marine Corps Martial Arts Program competition at the House of Pain gymnasium on Camp Hansen Jan. 22. Photo by Lance Cpl. Antwain J. Graham

# Marines fight MCMAP, learn “Corps” values

Lance Cpl. Antwain J. Graham

OKINAWA MARINE STAFF

Marines from various units competed in the Marine Corps Martial Arts Program competition at the House of Pain gymnasium on Camp Hansen Jan. 22.

Some service members watching the event said MCMAP has come a long way since its introduction in 2001.

MCMAP was developed to combine hand-to-hand and close-quarters combat techniques with morale and team-building functions.

“For some people, I guess it was more about ranking in belts to look good on your training record,” said Lance Cpl. Michael Lue, a corrections specialist with Headquarters and Service Battalion, Marine Corps Base. “But now, more Marines are interested in doing MCMAP because of the skills and values it instills.”

Lue took the tan belt championship title during the MCMAP competition.

MCMAP was built from various martial arts styles such as Okinawan karate, judo, and jujutsu, each of which helps develop the mind, body and spirit.

The three disciplines of MCMAP are mental, physical and character, said Master Sgt. Gerald Cleveland, with Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

Cleveland is a black belt MCMAP instructor.

Cleveland said the development of mental discipline stresses situational awareness, tactical and strategic decision-making, and operational risk management which are each vital in combat and life.

The physical discipline includes the training of fighting techniques, strength, and endurance, he said.

This discipline also includes sustainment

of skills and techniques already taught, in order to improve skill as well as develop weak-side proficiency.

“Not only does MCMAP train Marines to overcome mental and physical hurdles in life, but overall, it trains a Marines’ character through aspects of combat,” Cleveland said.

“Nothing brings out a man’s character better than adversity,” he said.

According to Cpl. Julio Montemayor, with Special Operations Training Group, III MEF, MCMAP builds a strong foundation for Marines and guides them to be better leaders, warriors and citizens.

Montemayor took second place in the black belt championships.

“If Marines want to be stronger mentally, physically and most of all, characteristically, then MCMAP is the way to go,” said Cleveland.

Seattle Sea Gals visit Okinawa, encourage Superbowl XLIV team spirit



Seattle Sea Gals cheerleaders pose for photos with Pfc. Antone D. Jones, an administrative clerk with Combat Logistics Regiment 37, 3rd Marine Logistics Group, III Marine Expeditionary Force, during a newcomers brief at building 494 Feb. 2. The cheerleaders visited camps around the island to help service members celebrate the Super Bowl XLIV. Photo by Lance Cpl. Kentavist P. Brackin